

Crooked – by Forrest Maready

This is a copy of a post from my blog. Since Amazon no longer wants my reviews, I'm not going to make the structure formal. Among other things, I'm leaving in hyperlinks to related articles that appeared at the time of this writing.

I'm getting to the end of Forest Maready's book "Crooked." His overarching theme is that the nature of disease has changed since the Industrial Revolution. Acute disease used to predominate. You either died or got well, usually somewhat stronger for having been infected. Chronic disease now dominates. Diseases linger in a person for months and years.

Maready is a historian. The vast majority of chronic diseases we know today were not named, not even recognized 200 years ago. Since doctors were keeping fairly good records even then, we know fairly well when they first appeared and how thoroughly they have been studied.

His thesis is that metals and antibiotics have radically changed the landscape. Heavy metals such as mercury and arsenic were widely used in what he calls the era of "Heroic medicine." The chronicles of the damage they wrought are heartbreaking. Mercury, for instance, was the only effective treatment for syphilis. "A night with Venus, a lifetime with Mercury" went the wry joke. It brought on many kinds of madness, among other dire symptoms.

With the invention of the syringe in the late 19th century metals could be delivered by injection. Fortunately, they had fallen out of medical favor as treatments unto themselves. But they proved useful as vaccinating adjuvants, permitting a small volume of serum to yield a large number of injections. Mercury and aluminum served this purpose.

The gut knows better than to try to digest metals. A high proportion of a dose taken by mouth passes straight on through. The very small quantities used as adjuvants were thought to be harmless. It was expected that they would be diluted throughout the body and simply excreted. Wrong on both counts. Metals contained in vaccines collect in white blood cells, which isolate them but are unable to excrete them. The white blood cells congregate in very specific parts of the body. They form granulomas, small lumps, in an effort to isolate the metals and keep them from doing harm. It can work for a long time, but...

The metals can be released in significant numbers when the white blood cells die. Among other things, they allow disease bacteria to shed their cell walls, becoming intracellular bacteria, adopting the lifestyle of a virus, living inside a cell that belongs to your body. White blood cells are a common host. The white blood cells do not recognize and cannot fight something within themselves. When they are dispatched to fight disease, they bring more of it, resulting in a cycle of chronic disease.

Certain antibiotics, such as those in the penicillin family, also facilitate stripping cell walls from pathogens to convert them into intercellular bacteria, with similar results.

Thus, according to Maready's theory, the metals especially, but also antibiotics, instead of fighting disease can in many cases facilitate it. He has short chapters on the following: ADHD, speech disorders, vision disorders, hearing and motion disorders, eating disorders, behavioral disorders, tics, Tourette's and facial pain, shell shock, type I diabetes, sarcoidosis, lupus, Parkinson's, thyroid and Hashimoto's, multiple sclerosis, eczema, anemia, heart disease, allergies and asthma, Crohn's disease, ulcerative colitis, tuberous sclerosis complex, micro secularism with Zeke a, chronic traumatic encephalopathy, holds Alzheimer's disease, PANDAS, chronic fatigue syndrome, fibromyalgia, chronic Lyme disease, and rheumatoid arthritis.

Maready has plausible theses for how all of these diseases are brought about by exposure to metals and antibiotics. It is such a vast range, and so conjectural in places, that it cannot be entirely correct. On the other hand, he offers enough to justify further research on all of these ideas.

Here's how I will put this to use. Maready further convinces me that my children should not be vaccinated. Not that I needed my convictions to be reinforced. He had me look at my own shot record. The DPT shots that I got, now called TaDP, must have used mercury-based thimerosal. Flu shots must've used aluminum. I conclude that it is not much.

Maready hinted, in my own Internet search confirmed, that the most effective means of eliminating metals received as vaccines is by chelating them with dietary supplements and through sweating them out. I sweat heavily, and for 50 years I have maintained a daily routine of running, bicycling and using an exercise bicycle. If they haven't caused a problem yet, I don't think they will. On the other hand, I note that several of my work colleagues from IBM, all of whom worked out regularly, have gotten Alzheimer's. I'll keep my fingers crossed keep doing what I'm doing.

This book by Maready fits in with six or seven other very deep articles that touch on public health and vaccines. It is too much for one days blog, so I will pick up where I left off tomorrow and link back to this one.

https://tobyrogers.substack.com/p/many-of-the-central-tenets-of-progressivism?publication_id=436968&post_id=143964626&isFreemail=false&r=16fp5&triedRedirect=true

chronic vs acute – Maready

turtles

oregon pediatrician statistical analysis

<https://www.midwesterndoctor.com/how-much-damage-have-vaccine>

<https://expose-news.com/2023/09/09/vaccination-a-clear-and-present-danger/>

https://www.amazon.com/Vaccine-Friendly-Plan-Effective-Health-Pregnancy/dp/1101884231/ref=sr_1_1?crid=1V8W6SD1XCNO2&dib=eyJ2ljojMSJ9.cdl_h_4avan-WRPZ_D2odC2ar81pgN-R680lgZBsyu2-j4aGeDQYaQuW-fZdrR2W.KQZ4ble7N8RaV8zgGGiYVerUvrF5jNTHFaxbpuyR_xE&dib_tag=se&keywords=dr.+paul+thomas+vaccine+friendly+plan&qid=1714111605&s=books&srefix=dr.+paul+thomas%2Cstripbooks%2C299&sr=1-1

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<https://www.zerohedge.com/medical/fallacy-rules-world>